

Wynyard Community Newsletter November 2020



Julie, Caroline, Heather and Tania display the portable Seed Bank library which can be taken to events
Photo: Courtesy The Advocate

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We are thrilled to have a second launch of the Community Seed Bank at Live Well Tasmania this month, after the first launch recently at RESEED in Penguin. We had a very enthusiastic group who listened to Caroline (with 25 years experience in permaculture education) talk about the importance of seed saving. She talked particularly about the importance of preserving plant varieties that are well adapted to our local conditions. She also talked about the decline of biodiversity globally, which may make us less resilient in the face of climate change. Rees (from Feisty Tasmania) then also gave a very entertaining talk on Tasmanian edible plants we can all grow in our gardens. An extra reason to grow them in our backyards apart from them being so well adapted to our conditions is that some are endangered, so they need some extra help to prevent them from dying out.



Unfortunately we are not able to use our Community Centre until further notice owing to some modifications having to be made, such as disability access. So if anyone has a space where they can give the public access to the Seed Bank, let us know! It is housed in a very compact box, as it is designed to be portable to be taken to events (thanks to the Central Coast Community Shed).

Our Get Active Program, sponsored by Women Sport and Recreation has had a great start with the completion of our third out of ten sessions held this week. The program consists of weekly sessions that go for two hours, one hour of a discussion topic related to health and wellbeing, and the second hour consists of an activity. So far our activities have been Yoga, Mindfulness in Nature and Qigong, and we have discussed goal setting and nutrition. Our upcoming sessions include Zumba, Petanque and kayaking.

One important outcome sought from the program is for people to connect together to get involved in some form of physical activity outside of the program. And that has been achieved already, with two people deciding to meet for a weekly bike ride – it always helps immensely to keep motivated if you promise to someone else that you will commit to the exercise with them!



Elsbeth Brock facilitating both a very invigorating and a very relaxing session on 'Mindfulness in Nature'
Photo: Robin Krabbe

It is our youth who are most going to be impacted by climate change, but who have had the least contribution to it. Hence we at Live Well feel very compelled to help the younger generation, for example with the Wynyard High School Climate Awareness Day, see below for further details.

We welcome the Tasmania Governments passing of a motion to investigate a Tasmanian Job Guarantee, which is partly in response to the effect of COVID-19 on jobs, but which also recognises the devastating effect unemployment has on health and wellbeing, especially for our youth.

For both youth and older generations, whichever way you look at it, we all need more skills across the board to deal with the many challenges we face across all levels – from within families and communities to the national and global level. And research shows what environments are best to develop the capacity to acquire those skills, to have a love of lifelong learning; this is our challenge to create those environments! A Job Guarantee that can provide multiple benefits of meaningful jobs to increase individual health and wellbeing and contribute to our community will go a long way to providing that environment.

Courtesy of the Department of Health & Human Services North-West Health Promotion.

Australian Breastfeeding Association Burnie Wynyard Group Events – Breast feeding Education classes, includes “Breastfeeding and Food Intolerances”, “Sustainable Baby” and Mum 2 Mum Get-together. All mums welcome – whether breastfeeding or not. Babies, toddlers, older children, partners and grandparents are all welcome. See www.breastfeeding.asn.au/classes

Burnie Safe Space - mental health peer support for families & friends

An opportunity to chat and share information with other families and friends of someone with mental ill health. First Thursday of each month, 5.00-6.30pm at 10 Wilson St – Burnie Health Information and Wellbeing Hub. Thurs, 5 November 2020 – Having tough conversations: suicidality, Thurs, 3 December 2020 – Boundary setting as a support person, with Nancy Thomas – See mhfamiliesfriendstas.org.au or Facebook MH Families Friends Tasmania

Don't miss the BreastScreen Bus!

In Burnie Tues, 23 November – Fri, 18 December 2020 at the Burnie Arts and Function Centre. Breastscreen is a free service. To make an appointment call 13 20 50.

See www.ths.tas.gov.au/cancerscreening

As October was Breast Cancer Awareness month, you can have a FREE community information session either on-site or online. They have a range of promotional resources available to help get the word out. Contact Bernie:

An afternoon of yoga - Penguin

Come and try a variety of different traditional yoga practices. Suited to beginners and established practitioners. You'll be guided in simple practices that you can incorporate into your daily life.

Saturday 7 November 12 noon to 4 pm. Bookings essential: 0404 586 025

Lisa has a Diploma in Yogic studies, as well as being an accredited Exercise Physiologist. She enjoys sharing traditional teachings - Yoga Nidra, Asana, Pranayama, Mantra and Kirtan. \$45/\$35 concession/40 CENTS

Need help to pass the Road Rules test?

For FREE assistance contact Rosemary, phone: 6477 7400, or call into the Library to register.

Literacy Support for adults

If you need help with reading, writing and numbers you can contact Rosemary at Burnie Library for an interview. Phone 6477 7406 or email

On the Ball by ParaQuad Tasmania

Come along, have a go, and find out more about inclusive and accessible sport on the North West Coast for people with a spinal cord injury or physical disability.

Sat, 7 November 2020, 10am – 3pm at The Stadium, Camp Clayton, 41 Clayton Rd, Ulverstone

For more information and registration email .

Bookings required to uphold COVID19 compliance.

International Men's Day

Fri, 20 November 2020, 11.30am at Central Coast Community Men's Shed in Ulverstone

Guest Speaker: John White from Delta Hydrolics. BBQ lunch

RSVP Essential for catering / COVID safe planning to or call 6421 3618



A Rock drop of 300 rocks will occur on December 20th all round Wynyard.

You never quite know what weather you will get in spring in the North-West.... We had to postpone the first attempt at our Forest Therapy walk due to rain. The second date was also wet, but five intrepid people turned up for an inspiring experience enhanced by the soft rainfall, as we admired the beautiful tree ferns and creek at Frenchs Road Reserve. We are very grateful for the support of the Mental Health Council for Tasmania for supporting this event. Due to not being able to use our Community Centre we are currently uncertain about the details for the pick up of the veggie boxes, but we are currently taking orders for the coming season. We are particularly seeking people interested in doing workshares, which is where instead of paying for your box, you help us with harvesting the produce, packing boxes or other tasks, in return for a free box. This is a chance to not only get a box with a variety of fresh, organically grown vegetables, but also to get the health benefits of interacting with others, and get some physical exercise in the great outdoors! Contact Robin on 0421 461 724 for further information.



Our small Forest Therapy group braving the rainy weather Photo: Robin Krabbe

More broadly we continue to build our framework for health and wellbeing, including incorporating evidence based approaches.

As well as focussing on what we can do locally to increase health and wellbeing, we also are fully aware of the broader structures that impact on people’s health. So we were very pleased with the Tasmanian Government’s recent passing of a motion to investigate a Tasmanian Job Guarantee. While there are not many details as yet available of how it might work, the current recommendation (the following is sourced from the motion put forward to Parliament) is that it would be

HEALTHY, TASTY & NUTRITIOUS

LIVE WELL VEGGIE BOXES

A community supported agriculture partnership between Live Well Tasmania, Down The Road Farm and Tak-One Organics



VEGGIE BOX	PRICE
Small 1-2 person(s)	\$55/\$50*
Medium 2-3 persons	\$50/\$45*
Large 4-6 persons	\$65/\$60*
*Seasonal subscriber	

federally funded but locally administered through councils. The councils would place workers in local jobs provided by state and commonwealth governments, local councils and non-government organisations. These jobs would deliver what are broadly understood to be public goods in areas such as community transport, education, environmental services, public works and community infrastructure.

The jobs made available for people in each local community would depend on the community itself. It's not a "one-size-fits-all" package. It is important that most of the jobs are not dependent on prior learning; that they do not involve direct competition with local private sector businesses; that they contribute to the well-being of participants; and that they contribute towards the well-being of non-participants.

A local job bank might include

- Environmental and ecological repair
- Small-scale infrastructure
- Small-scale solar
- Working in charities/not-for-profits
- Assistants for teachers
- Transport
- Help for the aged
- Art, drama, writing, research
- Optional training

What we have learnt through this pandemic is that the way governments spend money is about choices. It is not actually about how much money is really there; it is about the choices governments make. In this period in Australia's history we need to harness every bit of human capital that we can. We need to invest in people. Of course we also need to be investing properly in aged care because the other thing the pandemic has exposed is problems with aged care. We very much look forward to the findings of the investigation into a Jobs Guarantee, in the belief there are a multitude of meaningful jobs for our youth and others.

Waratah-Wynyard Council Update

Do you know someone who deserves recognition for the work they have done in the Waratah-Wynyard community?

Nominations are now open for Council's Australia Day Awards 2021.

Two individual awards and one event award will be announced at Council's Australia Day event. We are looking for someone who is great at what they do, contributes to Australian society and inspires those around them.



Wynyard Australia Day ceremony Photo courtesy Waratah-Wynyard Facebook

Nominations from organisations

or individuals will be received until 5pm on Friday, December 11, 2020 for the following awards:
 Citizen of the Year – Persons over the age of 30 years on Australia Day, 2021. This award is to be presented to the person who has made a noteworthy contribution during the current year and/or given outstanding service to the local community over a number of years.

Junior Citizen of the Year – Persons aged 16 to 30 years on Australia Day, 2021. This award is to be presented to the person who has made a noteworthy contribution during the current year and/or given outstanding service to the local community over a number of years.

Community Event of the Year This award is to be presented to the group or person who has staged the most outstanding community event of the year.

Nomination Forms are available from the Council Offices, or go to 'www.warwyn.tas.gov.au or by telephoning 6443 8320.

Nominations should be sent to the General Manager, PO Box 168, Wynyard.

A Committee appointed by Council will assess the nominations and announcement of the winners will take place as part of Australia Day celebrations on January 26, 2021.

Outcomes from the October Council Meeting

Following a Notice of Motion from Councillor Edwards, undertake a workshop to discuss the feasibility of mountain biking trails within the area

Authorise to proceed with design and construct tender for a walkway bridge and platform adjacent to the Waratah Rail Bridge, subject to confirmation of external funding

- Note the granting of a new licence for Table Cape Lighthouse Tours to Craig Parsey, Day Tours Tasmania

- As a Planning Authority, approve a permit for a riding school at 301 Pages Road, Moorleah, and a boundary reconfiguration (4 into 4 lots) at Hoares Lane and 687 Murchison Highway, Elliott.

Stubbs Construction has secured the Building Permit allowing it to move forward with Stage 1 of the construction of the Wynyard Yacht Club & Multi-Use Facility project.

Stage 1 will see concrete works, screw piling and drainage and hydraulic works in preparation for Stage 2. The site was cleared and preparatory works began in August.

The Wynyard Yacht Club upgrade is the final part of Council's Wynyard Waterfront and Environs Masterplan Project: a multi-million dollar project that has seen the rehabilitation and beautification of Wynyard's waterfront precinct, that is co-funded by the Building Better Regions Fund – Infrastructure Grant, the State Government and Council



An image of the planned new Yacht Club building Photo courtesy Waratah-Wynyard Facebook

Survive and thrive grant program

In response to the unique economic opportunities and challenges of COVID-19, Waratah-Wynyard Council have committed \$100,000 to fund the Survive and Thrive Grants Program.

The primary purpose of the Survive and Thrive Grant Program is to help Waratah-Wynyard based businesses and community groups thrive and innovate to mitigate the effects of COVID-19.

.They also provide opportunities for new, start-up retail or tourism ventures that may have been imagined in recent months.

This grants program is a practical way of supporting and strengthening local businesses and community groups to continue to provide services in our communities. The grant program will be divided into three distinct areas:

1. tourism and hospitality – new (a project or activity that stimulates visitors to the local area by providing or continuing to provide a tourism and/or hospitality experience);
2. business innovation – new (a project or activity that relates to the implementation of an innovative business solution to respond to the post COVID-19 operating environment); both are up to \$10,000 per business, community group or individual
3. community activation - Council's annual program (a project or activity that activates the community and/or its public spaces). up to \$2,000 per business or community group

Applications close on November 20th, 2020, successful applicants will be notified within three weeks of the closing date.

Horticulture & Construction Traineeships

Are you looking to kickstart your career in Horticulture and further your studies by undertaking a Certificate III in Horticulture Traineeship? Or in Civil Construction and further your studies by undertaking a Certificate III Civil Construction Traineeship?

Council's traineeship program offers an amazing opportunity to enjoy the combined benefits of working and learning within a team of experienced employees, and in an environment focused on providing outstanding results to the Community.

If you would like to be a motivated and positive contributor to the team at Council, apply via the Council website.

Big congratulations to Council's marketing and communications team after the Communications and Engagement Strategy won the Community Services Delivery Award in the Local Government Professionals Tasmania Annual Awards, announced in August this year!

Annual report

Some of the highlights from the year include:

- An upgrade to the Wynyard BMX track
- The completion of the Camp Creek remediation and pedestrian bridge
- Completion of the Rural Road Safety Audit

- The introduction of Community Conversations
- The roll out of Council's new website
- The adoption of the Integrated Council Environmental Plan (iCEP)
- The adoption of the Boat Harbour Master Plan
- The development of the Cam River Reserve Master Plan
- The completion of the new boardwalk and seawall at the Wynyard Waterfront
- New changerooms at the Wynyard Recreation Ground

Council has had a continued focus on robust community engagement and the community continues to use its voice to shape its future alongside a strong Council that is willing to listen.



GARAGE SALE

When: Saturday 28th November 2020
Time: 8am – 12pm
Where: Wynyard Community Garden
 Johnson Place (off Austin St)

Donations and Drop Off: Contact Tony
 0459 726 664

Items for sale include: fundraising raffle, seedlings and plants, pallet planter boxes, generator, tools, compost bins, raised beds and general household and garden items.

Wynyard High School Climate Awareness Day

On Wednesday the 18th of November, Wynyard High School is holding a Climate Awareness Day. Due to COVID restrictions it will be our school only, but in the future we are hoping to involve the wider community. Our SEC and Green Team had the idea to do this day because we wanted to engage our staff and students so they could learn more about the effects of climate change in NW Tasmania and the actions that each of us can take individually to have a positive impact.

The whole school will be involved in a series of short and long workshops throughout the day.

Examples of these workshops include 'There is No Away' : a short 20 minute session on waste and recycling which includes a bin relay, and longer workshops that include a fashion and furniture up-cycling competition and a scarecrow making one that is about building awareness around having your own garden and buying locally grown food. We have decided to have a focus on competitions between the class groups in these workshops, as we think that this will help students become really engaged in the day and balance the heavy information load.

We have people in the community coming to help out for the day, including Nel Smit who is based in the North and Live Well Tasmania!

This day is building on efforts our Green Team have been making at Wynyard High since 2019 to make sure our school is waste clever, saves energy and is always increasing its understanding about the actions we can take to have a positive impact on climate change. (Recently we found out that we were successful in our application to get a free Climate Clever app school subscription which we found out about through the ABC series Fight for Planet A!)

Climate change is a frightening thing but at Wynyard High School we really want to focus on things that we can do. We think action and hope are important for our generation.

Mishca Linden, Year 9, WHS

Aussie backyard bird count

Have you ever wondered about the birds in your neighbourhood? Thousands of people participated in the the Aussie backyard bird count - BirdLife Australia's first nationwide bird survey during October.

The Aussie Backyard Bird Count is an activity for all-ages that involves observing and counting the birds that live near you – whether that's in your garden, the local park, a beach or even your town centre. This helped BirdLife Australia develop an understanding of local birds, whilst also allowing people to get to know the wildlife on your doorstep. The Aussie Backyard Bird Count only takes place once a year, however BirdLife Australia runs other surveys throughout the year that you can take part in, even if you're not an expert bird-watcher, and there's lots of info on how to attract more birds to your backyard!

See <https://aussiebirdcount.org.au/>



Public Meeting –Local Planning Issues and Planning Law Concerns

Come to the meeting or watch the live broadcast via Planning Matters Tasmania (PMAT) Facebook page. See the Facebook page for a more readable version of the flyer.

Local community members at Wynyard have organised a public meeting regarding a range of issues including local residential planning laws that allow for developments to be approved without oversight of local Councillors or any affected members of the Public.

PMAT is advocating for residential planning laws that better reflect community expectations as has the Local Government Association of Tasmania.

DATE: 20th November 2020

TIME: 6pm to 7.30pm

VENUE: The Wynyard RSL, Goldie St, Wynyard

GUEST SPEAKERS: Anita Dow, Shadow Minister for Local Government and Planning; Sophie Underwood, State Coordinator, Planning Matters Alliance Tasmania; Ken Dorsey, Burnie City Councillor; Craig Garland

RSVP: Nicholas Higgins: 0417 963 648 email: nick@nicholashiggins.com.au

PLANNING MATTERS TO YOU!

WHAT CAN YOU DO ABOUT IT?

Local Planning Laws : YOU have NO GUARANTEED VOICE in them.

A PUBLIC MEETING IS CALLED FOR:
Friday 20th November 2020, 6pm to 7.30pm
The Wynyard RSL, Goldie St, Wynyard

Guest Speakers:
Anita Dow, Shadow Minister for Local Government and Planning
Sophie Underwood, State Coordinator, Planning Matters Alliance Tasmania
Ken Dorsey, Burnie City Councillor
Craig Garland

More speakers to be announced

WATCH ON FACEBOOK LIVE:
www.facebook.com/planningmatterstas

WHY ARE WE DOING THIS?
Current Residential Planning Laws allow for developments to be approved without oversight of local Councillors or any affected members of the Public. The opportunity to fix this has been wasted by successive Governments. We have seen local developments refused one day, then secretly approved the next. **THIS MUST STOP.** Come and hear how YOU can help make a difference.

Because of rules governing COVID19, we have to restrict the numbers of attendees. Please register your intent to attend with:
Nicholas Higgins : 0417 963 648
nick@nicholashiggins.com.au

Points to consider:

- What is the role of Council?
- Why are they so ineffective?
- Who is ACTUALLY controlling the way our towns look?
- How are faceless developers shaping our communities?
- Who is looking out for OUR interests?
- How can we reclaim our representation in these matters?

Local tips for reducing landfill

One of our readers has put together the very handy information below with regards to reducing landfill in Wynyard.

Item	Organisation	Collection Point
Plastic bread tabs on bread bags	Aussie Bread Tags for Wheelchairs	scroll down the page a click on the map
Stationery: pens, markers, highlighters, and correction fluid pots	, Terracycle	Wynyard High School For other collection hubs see: www.terracyclemap.com
Oral Hygiene products:	Oral Care Recycling Program, Terracycle	

toothbrushes, toothpaste tubes, floss containers		
Plastic bottle top lids	Lids 4 Kids Tasmania	Currently not receiving but check Facebook for updates.
Contact lenses and blister pack packaging	, Terracycle	Eyelines, 41 Mount St. Burnie OPSM 31 Rooke St., Devonport For other collection hubs see: www.terracyclemap.com
Organic Waste	Share Waste- Be a receiver of other people's waste for your compost or contribute.	

Terracycle offers many other useful recycling programs, such as coffee machine capsules, through its community collection hubs. Find out more at:

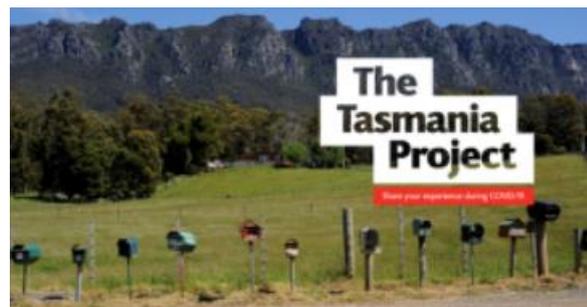
Click on *National Recycling Solutions* and choose a link under *Community Collection Hubs*. You could even go a step further and become a collection point for the above organisations!



The Tasmania Project

Premier's Economic and Social Recovery Advisory Council (PESRAC) Survey

Help plan Tasmania's economic and social recovery by telling us about your priorities for the future. What does a good life look like for you? How are you experiencing and adapting to life in the time of COVID-19? What do you need and want now, and for the future? PESRAC wants to understand the views of Tasmanians about their wellbeing and what they see as important for recovery.



The University of Tasmania has established The Tasmania Project to give you a voice and to gather important information during and beyond the pandemic. What you tell us will help Tasmanians work together through the pandemic and support recovery for a strong future.

There are currently two surveys, the first survey is for Tasmanian residents aged 18 years and above. The second survey has been supported by the Commissioner for Children and Young People to ensure that the voices of Tasmanians aged between 9 and 17 years and their parents are included in planning our future. See [to do both surveys](#), or if you are unable to complete the survey online please call [and leave your name and phone number](#). A member of the team will be in touch to help you complete the survey.

Authenticity is the daily practice of letting go of who we think we're supposed to be and embracing who we are
Brene Brown

If you do not wish to receive this monthly email, please reply 'unsubscribe' to this email



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