



# Wynyard Community Newsletter

## January 2021



Our Get Active participants enjoying the outdoor gym equipment at the Wynyard foreshore Photo: Robin Krabbe

### Contents

Update Live Well Tasmania.....	3
Update Waratah-Wynyard Council.....	3
Free Project Management training in Wynyard .....	5
Photography workshop.....	6
The Wynyard Municipal Band.....	7

Welcome and Merry Xmas and Happy New Years!

Congratulations to the Christmas Lights winners, great to see the Christmas spirit is alive and well.

At Live Well Tasmania we are commencing 2021 with a continuation of our Community and Business Information series which had to be put on hold due to COVID-19 earlier in the year. We currently have three sessions organised. On the 19th of January we have Michelle Towle from the Tasmanian Health Service facilitating a discussion on an initiative called "The Right Place" which is partly about better communication, making people feel welcome and encouraging people to seek help when they need it.

On the 28<sup>th</sup> of January Warren Moore from the Braddon Business Centre will be leading a discussion on small business, how to set one up, the different options regarding structures etc, and we will also hope to have a couple of other speakers talking about local opportunities for small business.

Then on the 9<sup>th</sup> of February, Dave Fregon, formerly the Youth Officer from the Burnie City Council will be talking about the very topical issue of our youth and digital/social media. He will discuss topics such as cyber-bullying, internet addiction and identity issues.

We are very excited to announce our "Thriving Wynyard" project to run throughout 2021. This is aimed at anyone who wants to improve their health and wellbeing, recognising that 2020 was a tough year for many and took a toll on mental health in particular. Our aim is to reduce stress levels and social isolation, by providing fun and enjoyable activities that have been proven to increase health and wellbeing. The activities will range from sessions involving movement (dance, Qigong, yoga etc), Art, crafts, music and more.

If you have any interests in these area's and can help facilitate classes, please get in touch! We aim to start in February, stay tuned for further details.

This project complements the Councils "Eat, Breathe Move .." project – its very timely that these projects are both increasing health and wellbeing when it is so needed in our community.

Don't forget to check out the program of events for the school holidays at our local libraries. Burnie for example has the "Egypt Escape Room" for 8 years old and over. Save the date of February the 15<sup>th</sup> for "Library Lovers' Day" at the Burnie Library – bring a friend along for some great fun things to do and some prizes will be available. Other activities include "Fantastic Reads Book Chat" held every month, and "Tech Club" which will run for eight sessions from the 9<sup>th</sup> of February on Tuesday mornings.

# CHRISTMAS LIGHTS

## Competition



### CONGRATULATIONS TO OUR WINNERS!

#### First place

35 York Street, Wynyard

#### Second place

35 Gibbons Street, Wynyard

#### Third place

17 Ramsden Street, Somerset

**THANK YOU TO EVERYONE WHO GOT INTO THE CHRISTMAS SPIRIT AND DECORATED YOUR HOMES - THEY LOOK GREAT!**



## Egypt Escape Room

8 years and up

Do you have what it takes to escape the mummy's tomb this Summer holidays?

Work together and make your way through the mummy's tomb by solving the fun and interesting puzzles.



### Update Live Well Tasmania

We have largely completed our Get Active Program, although we still have a kayaking session in January. The feedback we got from the program was very positive; many of the participants found it helped increase their motivation to exercise due to enjoying the social benefits, and/or finding new ways of movement that they enjoying. We are using the learnings from this project for our 'Thriving Wynyard' project.

We are very excited to announce our "Thriving Wynyard" project to run throughout 2021. This is aimed at anyone who wants to improve their health and wellbeing, recognising that 2020 was a tough year for many and took a toll on mental health in particular. Our aim is to reduce stress levels and social isolation, by providing fun and enjoyable activities that have been proven to increase health and wellbeing. The activities will range from sessions involving movement (dance, Qigong, yoga etc), Art, crafts, music and more.

As well as the calendar of events, we are also beginning a service of information provision of local health and wellbeing information. It will provide a "One Stop Shop" particularly for both service provider information and of local community groups that people can get involved in to improve health and wellbeing. We are grateful for the Burnie Wellbeing Hub providing us with their resources to help get this started. Anybody looking for this type of information will be able to drop in at our Community Centre in Saunders Street during the times to be announced. The third initiative is the provision of weekly "Social Circles". This is a chance to find others in the community who are on a similar pathway of trying to find ways to connect and gain support for considering making changes in your life, to discuss problems that you are struggling with and so on.

A reminder that we our Live Well veggie boxes will be available on a weekly basis from January the 6<sup>th</sup>. Enjoy fresh, organically grown vegetables From Down The Road Farm, some of which are not available commercially. For example Hakarei turnip are currently one vegetable supplied in the boxes, which has a sweet and mild, crisp flavour, great for salads. Contact Robin on 0421 461 724 for further details.

### Update Waratah-Wynyard Council

#### *Community input sought for next stage of draft Settlement Strategy*

Members of the Waratah-Wynyard community will get a chance to have their say in Council's draft *Liveable Waratah-Wynyard Settlement Strategy* which has been recently released for community consultation. After the first two opportunities for feedback (mid-June and August 2020), the draft strategy is open for community consultation over two stages. A "soft launch" was held on December 16 after which the community was given immediate access to the draft strategy and an opportunity to complete an on-line survey. Early in the new year, consultation will continue via multiple means to ensure broad and representative outreach, including 'listening posts' where community members can attend in-person sessions. "The Strategy is designed to enhance the liveability of Wynyard, Waratah, Somerset, Boat Harbour Beach, Sisters Beach and Yolla," Waratah-Wynyard Mayor Robby Walsh said. The niche that this strategy fits into is defined by state and regional plans and the Cradle Coast Regional Land Use Strategy and the Sustainable Murchison Community Plan. "Both these documents stress the



Mayor Robby Walsh and Playground Manager Dana Hicks at the new East Wynyard Playground at Rotary Park Photo courtesy Facebook

importance of liveability as the key goal that we must strive for in our planning decisions," Mayor Walsh said.

"Liveability is increasingly seen as the key to economic success and contributes to everyone's quality of life. The Waratah-Wynyard municipality enjoys exceptional environmental qualities and is the home of a resilient, resourceful and supportive community." The Draft Liveable Waratah-Wynyard Settlement Strategy sets out a number of interconnected recommendations that will enable Council to protect and enhance these qualities and leverage off them to make our towns and villages (even) more sustainable, inclusive, inspiring and nurturing places to live, work and visit.

"How we manage growth, while maintaining what people love about living here, is a key issue for us," Mayor Walsh said. "Council is committed to ensuring the community has a say in addressing those issues."

See "Have Your Say" on the council website to see the draft strategy and complete a five minute survey. Consultation closes on February 19.

### *Sisters Beach Virtual fencing*

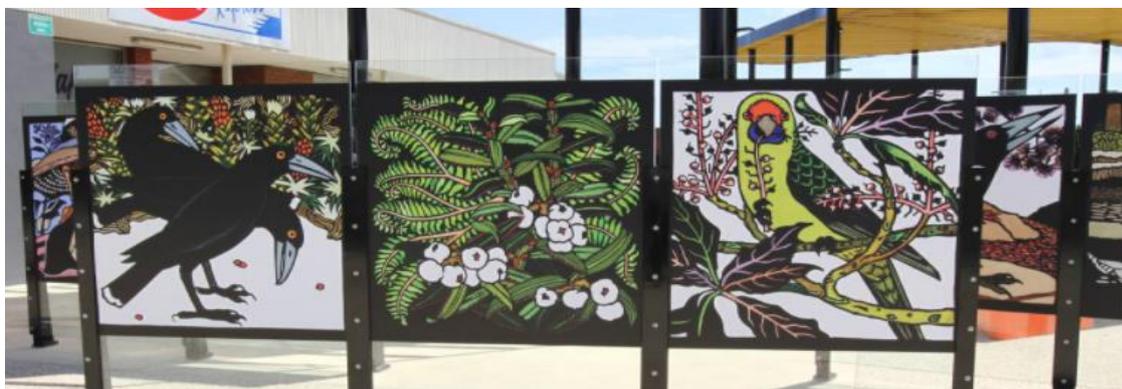
One hundred tiny beepers spread over three kilometres of road may just save a local Tasmanian Devil population from being decimated by cars. Council's installation of virtual fencing at Sisters Beach is a win for the Sisters Beach devils (and other animals), but the success of the fence depends on driver behaviour and reduced speed.

"The fence's beepers are activated by headlights, so I encourage drivers to turn their lights on as soon as it starts to get dark and to remember the importance of slowing down from dusk till dawn," Waratah-Wynyard Mayor Robby Walsh said.

### *Somerset Plaza lines up lino designs from local artist Kit Hiller*

Somerset Plaza has gone big, bold and bright as a canvas for local artists, with Kit Hiller's lino designs taking center stage. The eye catching piece takes a snapshot of the North West Coast. Ms Hiller said she usually designs each piece of artwork as a 30 centimetre square print, with the ones dressing up the windbreakers blown up to over triple its initial size. The artist described the finished product as 'surprisingly bold and bright', with the piece significantly changing the usual proportions of the normally small birds depicted.

"It's very Tasmanian. Most of the birds are the local ones that you'd find here on the North West Coast. They're all native birds that if you have your eyes open, you would see the black swan and little grey fantails," Ms Hiller said. "While the picture of the waterfall is at Cradle Mountain." With a selection of designs to choose from, Ms Hiller said the ones that made the cut are all distinctly recognisable to the area. "I've been doing these lino cuts for years and years and years. The ones that are here are just a selection of many hundred that I've done over the years, Ms Hiller said.



Ms Hiller's artwork in Somerset plaza

Photo courtesy The Advocate

### Free Project Management training in Wynyard

The Institute of Project Management has been awarded funding from Skills Tasmania to deliver Certificate IV in Project Management Practice places in the first round of the JobTrainer program. As a condition of funding, five of these places have been exclusively awarded to residents of the Waratah-Wynyard Council area. The places are fully funded – learners have nothing to pay. Learners must be able to attend the in-person workshop series in Waratah-Wynyard on the following dates in 2021 (from 9am to 3pm):

- Session 1 – 8-9 February
- Session 2 – 22-23 February
- Session 3 – 8-9 March
- Session 4 – 21-23 March

Eligible learners include:

- School leavers and young people aged 17 to 24, regardless of their employment status
- Job seekers who, for the purposes of the JobTrainer Fund, are:
  - individuals out of work,
  - individuals who are in receipt of income support payments, or
  - individuals who are underemployed, which is defined as employed people who would prefer, and are available for, more hours of work than they currently have, including part-time workers.

Learners in these categories are also eligible even if they have completed other qualifications at a higher level. Currently expressions of interest from eligible learners are being sought. Expressions of interest can be made directly to Shae by emailing [shae.huddleston@institute.pm](mailto:shae.huddleston@institute.pm) and close on 22 January, 2021. The Institute of Project Management is an international business headquartered in Tasmania. They have successfully delivered this program to over 1,500 Tasmanians in the last 10 years, contributing significantly to the productivity of nearly all economic sectors of our great state, including agriculture / aquaculture, tourism and events, construction, manufacturing, information technology, transport and logistics, health, aged and disability care, government and not-for-profits




Join Dr Michelle Towle from the Tasmanian Health Service to learn about "The Right Place initiative" Connecting people to services, putting people first and improving our sense of community. Includes morning tea. RSVP by 18 January via contact details below.

**TUESDAY JANUARY 19, 2021**  
**10 - 1130 AM**  
**28 SAUNDERS ST, WYNYARD**



**Come in and see us at the Burnie Hub.**  
 10 Wilson St, Burnie | Open Mon-Fri: 9am-5pm | 0488 035 296



Young people today are growing up in a digitally connected world that is vastly different from that of their parents. Dave Fregon will discuss the internet experience for young people and how their social networks differ from their parents. Topics include digital literacy, sharing of personal information, addiction, bullying and identity. RSVP by 8 February via contact details below.

**TUESDAY FEBRUARY 9, 2021  
2 - 330PM  
28 SAUNDERS ST, WYNYARD**



Are you interested in small business and/or local employment opportunities? Join Warren Moore from the Braddon Business Centre to learn about setting up a small business, how you could join in with others and much more. RSVP by 27 January via contact details below.

**THURSDAY JANUARY 28, 2021  
2PM - 330PM  
28 SAUNDERS ST, WYNYARD**



### Photography workshop

Phil O'Neill will be running a photography workshop to be held on Sunday the 17th of January 2021 at the Live Well Centre, 28 Saunders Street, Wynyard, 9am to 5 pm, morning and afternoon tea provided. Bring along your own lunch and your camera. Workshop cost per person is \$50, payable on the day. Come along and see what you really can achieve with your photography equipment. For those wanting further information please contact Phil on 0407 314 992.



One of Phil's photo's taken of Rocky Cape and The Nut at sunset from Table Cape

### The Wynyard Municipal Band

After seeing the band play recently in the Wynyard Civic Square (see photo), I asked the president, Mitch Martin, to provide some information about the band, which he supplied as follows. Mitch said "We are a fun and dedicated Concert Band with over 40 regularly attending playing members and a very active and supportive volunteer Band Committee. The Concert band members play many instruments including trumpet, trombone,



The cow seems to be enjoying the performance!

Photo: Robin Krabbe

cornet, tuba, euphonium, clarinet, flute, saxophone, oboe, french horn, percussion and timpani. Our music covers many genres of music - from movie themes, to hit songs from the 60s, 70s, and 80s. We rehearse weekly on Thursday nights at the Band-rooms at Johnsons Place, Wynyard. We have four active bands: Beginner, Intermediate, Senior & Stage (Jazz). The Band rehearses approximately 40 weeks a year from the end of January to mid-December. We currently perform at Eisteddfods, Anzac Day services, Christmas Parades & Carols, Mid-year & End-of-Year concerts & various community events including agricultural shows, festivals & concerts at nursing homes and senior citizens clubs. New or old members (of all abilities) are most welcome. Contact Mitch for further information ADD email

Do what you can, with what you have, where you are  
Theodore Roosevelt



**Live Well**  
TASMANIA

28 Saunders Street, Wynyard TAS 7325  
lwt.org.au  
info@lwt.org.au

Printed courtesy of Hon Ruth Forrest MLC, Independent Member for Murchison

**If you do not wish to receive this monthly email, please reply 'unsubscribe' to this email**