

Wynyard Community Newsletter September 2021



Lots of engagement during the Mini Landscapes workshop at Live Well Tasmania

Photo: Robin Krabbe

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Welcome!

Thanks to the Council for organising the Spring Loaded Festival, a great way for people to get together and celebrate our unique environment in the North-West! This Spring Loaded program has something for everyone. It includes live music, cocktail parties, drive-in movies, a bonfire night, a Hole in One golf competition, and fireworks at Gutteridge Gardens, see the Council website for further details, and their Facebook page for up to date information. Please note some of the events below may already be booked out.

Live Well is providing many events during October, some as part of the Spring Loaded and some not. One of these involves a new partnership with Care2Serve (who connect carers with practical advice and early intervention support), to host a Carers Drop in Day at the Wynyard Bowls Club as part of Carers Week (10th to 16th October). This is an opportunity to recognise the enormous contribution Carers make to our community.

The Live Well Oldina Community Park Family Fun Day on the 16th of October also involves a partnership, with Shinrin Yoku North West, and is funded by the Mental Health Council of Tasmania. We are preparing for 70 visitors to enjoy Forest Therapy walks, nature based crafts and discovery, labyrinth building and a free BBQ lunch. Great activities for kids including making a nature crown, weaving and making seed bombs. See below for further details.

Another of our workshops during October involves learning how to make comfortable, washable, highly effective masks with Heather, whose designs have been accepted by the World Health Organization. Currently masks are required to be worn for gatherings of 1,000 people or more, indoors and outdoors. Once travel to Tasmania increases, the likelihood of getting more cases in Tasmania of course increases, but if we have lots of available environmentally friendly masks we will at least be somewhat prepared!

And join us for our Community Exchange Network Tasmania (CENTs) Trade Day & Information Session on the 30th of October. Find out how CENTs works, how you can participate to trade goods and services without using money, learn new skills, meet new people, and be more 'resilient' by participating in the local economy.

Towards the end of this month Families Tasmania is holding a free Family Food Patch course at our Community Centre. Family Food Patch is a community program aiming to improve the health and wellbeing of children (0-12 years) and their families by creating a network of volunteer parents and community workers, known as Family Food Educators. Community volunteers are trained on how to help families raise healthy and happy children. The course covers food, eating and physical activity, as well as community action. These volunteers then become Family Food Educators and the program team supports them to share the messages and skills that they have learnt with their friends and family and local community. Assistance can be provided with travel and with childcare see below for further details.



SUPPORT • ADVOCACY • WELLBEING

Don't forget Undercurrent - an art prize organised by ArtsCape that aims to showcase the incredible local artists from our beautiful region of Tasmania. All members of the Cradle Coast region are encouraged to enter their artworks. ArtsCape are looking at ways in which to bring together a community of like minded people and to show off the diversity of creatives in our remote and regional area. All forms of visual arts will be considered for entry. Entrants must be current residents of the North West or Cradle Coast Region in Tasmania.



Events

4th October to 8th October, Camera Club Competition and Display, Wynyard RSL, 9 Goldie Street, Wynyard. Voting opens from 6pm October 4-7. Winner announced 6pm on October 8

5th October, 1pm to 3pm, Live Well Tasmania Felted Soap workshop, 28 Saunders Street, Wynyard, Wrapping soap in wool helps soap last longer, makes slippery bars easier to hang onto and the wool acts as an exfoliator. Free event, Contact Kelly to RSVP on 0429 186 532 or email Kelly.23@live.com.au

5th October, 11am, Sounds Global, Civic Square (near Post Office), Wynyard. Come and hear creative arrangements of familiar tunes and be taken on a musical journey to exotic places around the world. The group will play a wide selection of music genres on a wide range of instruments. *Sounds Global* is a group of 7 amateur musicians - come along, bring friends, musical instruments (for joining in), chocolate &/or \$ for the hat.

5th October, 10.30am to 6m, Wynyard Gymnastics Club Holiday program, Skills, drills and Acro, book via Facebook page

5th October all ages bike ride departs from Jenner Street Boat Ramp, Wynyard. ride to the East Wynyard playground. 10am-12pm. BYO bike. phone Richard on 0408 179 396 to book. free event

6th October 1.30pm to 3.30pm Live Well Tasmania, 28 Saunders Street, Wynyard. Learn how to make comfortable, washable, highly effective masks with Heather, her designs have been accepted by the World Health Organization. RSVP to Carol at ricardo@southernphone.com.au or livewell@outlook.com or the Live Well Tasmania Facebook page.



7th October, Care2Serve and Live Well Tasmania Carers Day Drop In session, Wynyard Bowls Club, 15 Park Street, Wynyard. Fun games of lawn bowls, fun, laughter and movement session RSVP Jackie 6144 3700, email Jackie.r@care2serve.com.au

9th October, 12pm - 5pm Skate of Mind, Wynyard Skate Park - Little Goldie Street an afternoon of important conversations, fun activities and the Wynyard Skate Competition (starting 1pm). A partnership between Big hART, Project O and Waratah Wynyard Council, this whole-of-community event has activities for all ages including a Skate Comp, guest speakers, mental health experts, digital content and live music. Register on the day. Phone Chantelle on 6443 8320 for enquiries, free event.

10th October, 10am to 2pm, Sisters Beach Skate Park, free learn to skate lessons. Bookings are essential at <http://www.trybooking.com/BUAJA>

10th October 10am to 4pm, Frenchs Road Nature Reserve open day nature walks and kids activities. Frenchs Road Nature Reserve (off Seabrook Road), Somerset.. phone Peter on 0400 457 039 for more information, free event.

12th October, 1pm to 3pm, Live Well Tasmania, Dream Catchers Workshop, 28 Saunders Street, Wynyard. All materials supplied, afternoon tea, free event. Contact Kelly to RSVP on 0429 186 532 or email Kelly.23@live.com.au

13th October, 7pm to 9pm, Sip n Paint at The Don. 26 Goldie Street, Wynyard. paint, socialise and drink wine. 7pm-9pm. tickets: \$40. bookings essential at <http://www.trybooking.com/bucib>

14th October, 11am to 12pm. casual country cycling cycle Wynyard's great outdoors. departs from the Wonders of Wynyard. 8 exhibition link, Wynyard. phone Richard on 0408 179 36 for more information, free event.

15th October, 10am, Murnong Wild Food Garden, Wynyard. Looking for a tasty new adventure? Take a walk on the wild (food) side, free event. Phone Rees on 0409 006 170 to book.

15th October, 10am to noon, Wynyard Community Garden, Off Austin Street, behind the Sports Centre. Mosaic Exhibition & working display, plants for sale, morning tea provided, raffle. NB mosaics will be in display at the Council Chambers, 18th to the 21st October.

16th October, 10:30-12:30 or 1pm-3pm (alternative times), Live Well Tasmania Oldina Community Farm Family Fund Day, Oldina Road, Oldina. Activities will include Forest Therapy walks, nature based crafts and discovery, labyrinth building and a free BBQ lunch. Bookings essential, at Eventbrite, places limited.

17th October Wynyard fitness trail fun run: 2km & 5km meet at Guttridge gardens. 10am. cost: \$5 for single ticket, \$10 family ticket. phone Shaun on 6442 3844 for more information.

17th October, 10am, Boat Harbour Surf Life Saving Club, Boat Harbour Beach, Come and Try/Beach Fund Day. Contact Renee at renee.harvey4@icloud.com

18th October, 10am, walking at Cathedral Rocks enjoy this 10km walk of cathedral rocks. meet at the junction at Rocky Cape. 10am. phone Lisa on 6442 2219 for more information, free event.

18th October, 10am to noon, seniors Wynyard garden conversations enjoy this seniors social event. Wynyard community garden at Johnsons Place, Wynyard. 10am-12pm. phone Richard on 0408 179 396 for more details, free event.

22nd October, 8.15pm Spring Loaded Drive-in movies' 'My Spy' will be showing at 8.15pm and 'Penguin Bloom' will follow at 10.30pm. Please contact Chantelle on (03) 6443 8320 for more information.

23rd October, 10am-2pm. Wynyard Community Garden Johnsons place, behind the Sports Centre. Free event - music, food and good company. Saturday Music with Aaron Hopper/Ken's Harmonica Maestros/Raffle/Mural painting with Damien Rossiter, Mini Garage Sale/Mosaic Exhibition/Coffee van/plants for sale

23rd October, Spring Loaded Music, food and alcohol at the Guttridge Gardens Saturday Session. 2pm-7pm. Bookings essential. Visit trybooking.com/BUDVC to book. Fireworks at 9pm. visible from Guttridge gardens, the Wynyard Yacht club area and the mouth of the river. free event

24th October, 10.30am to 11am, Hikarv Daiko drumming learn specialised drumming techniques at civic park, Wynyard. Free event phone Michelle on 0400 622 884 for more information.

27th October, 9.30am to 2.30pm Family Food Path Free Training, goes for six weeks every Wednesday until 1st December, Live Well Tasmania Community Centre, 28 Saunders Street, Wynyard. Are you interested in learning about delicious, family-friendly food and fun ways to get children active? Topics include introducing solids, fussy eating and drinks to screen time, lunch boxes, label reading plus much more. All materials provided. Help with travel (from outside the area) and childcare costs are available. Contact Emma on 0438 926 242 or email emma@familiestasmania.org.au

30th October 10am to noon, Live Well Tasmania Join us for a Community Exchange Network Exchange (CENTs) Information and Trade Day. Bring along your goods to trade, new or used. If you offer skills or services bring a flyer to advertise your Offerings. BYO meal/snack. Freecycle Area is open to bring what you have to give away FREE community event. Tania 0458 078455

7th November, 10am Somerset Surf Life Saving Club Open Day, Nippers - a water safety skills and education program that introduces children ages 5-14 years to lifesaving. Somerset SLSC aims to progressively develop the skills of nippers and build friendships in an inclusive environment. They also accept Ticket to Play vouchers.



Other Events

The 'Kids Find and Seek' is being held in Wynyard until 24 October. Find the unusual items in participating shop windows and go in the draw to win a prize. Entry forms can be collected from stores displaying this poster, or from Council at 21 Saunders Street, Wynyard. For more information phone Chantelle on (03) 6443 8320.

Friday shopping frenzy experience a shopping frenzy and substantial discounts in participating shops throughout Wynyard. Phone Chantelle on 6443 8320 for more information.



Sally Sadler presents 'Colour Games' at The Don. This free exhibition will be on display from 1 - 15 October, 10am - 4pm daily.



Come and see the colourful artwork of Jaclyn Poke at the Wonders of Wynyard' - open daily from 1 - 30 October and is free to view.

Join the Rocktober festivities on Saturday 2 October and Saturday 9 October and hunt for beautiful hand-painted rocks hidden throughout in the Wynyard area.

9th October Sustainable Living Festival, Launceston Windsor Community Precinct, Windsor Dr, Riverside The 2021 Sustainable Living Festival will showcase diverse and inspiring living options focused on inspiring, teaching and guiding us on our journey to a happier, healthier and sustainable future. Get ready for a family-focused fun-filled day, which includes live entertainment, workshops, activities, market stalls, exhibits, speakers, cooking demonstrations, local food and much, much more. Check website for details.

Update Live Well Tasmania

Main Upcoming events:

5th October – Felted Soap making workshop

6th October – Mask making workshop

7th October – Carers Drop In, Wynyard Bowls Club

7th October – Tasmanian Produce Collective Pick Up

12th October – Dream Catcher workshop

16th October – Oldina Community Farm Family Fund Day

19th October – Succulent mini landscapes workshop

21st October - Tasmanian Produce Collective Pick Up

26th October Succulent turtle workshop

30th October – Community Exchange Network Tasmania (CENTs) information and Trading Day

To book in contact Kelly on 0429 186 532 or email Kelly.23@live.com.au

There is also the ongoing very popular basket weaving workshops taught by Adele Calma Wigg, each Monday evening and Friday morning. Organiser Michelle says "We have met many wonderful people in the past couple of months, who did not realise that they were able to create a basket out of stripped flax leaves or pandanus leaves - and then found that they could do that and so much more; flax roses and woven flax lillies! Come along and give it a try. The workshop is free and we provide morning tea on Friday and nibbles on Monday. Booking essential - call/text 0487 011 619.

CENTs Information and Trading Day

30th October - Bring along your goods to trade, new or used. If you offer skills or services bring a flyer to advertise your Offerings so others can see how talented you are. Bring a plate of food to share. Freecycle Area is open to bring what you have to give away (please take home what you bring if not taken).

Tasmanian Produce Collective (TPC)

We continue to host fortnightly collections for the TPC - no getting up early, waiting in queues or missing out on your favourite produce! TPC is a virtual farmers market get everything you need all from the comfort of your own home. Then simply attend the Collection Point every second Thursday to pick up your order, Live Well Tasmania Community Centre, Wynyard, 3:30-5pm, Burnie - Yacht Club carpark - 5-6pm and Sisters Beach - 5-6pm.

Woodworking with Stephen

We will shortly be announcing the dates for our two-part course in basic woodworking. Consisting of two introductory sessions, followed by eight project focused sessions, the aim of the course is to kindle enough interest and basic skill development in participants to enable them to continue to undertake projects in the future. Topics include using, sharpening, and maintaining tools, discussing wood and its various qualities, and timber selection and dressing.

Update Waratah-Wynyard Council

Recycled road repairs

Council advises that roadworks will occur on Deep Creek Road, Wynyard and George Street and Pelissier Street, Somerset throughout October. Major road patching and pavement repairs will be completed using recycled materials. This will reduce greenhouse gas emissions by over 50%, preserve natural resources and reduce construction time. There may be road closures and traffic detours during work hours, with local traffic still granted access.

Time capsule exhibition

Mayor Robby Walsh and Table Cape Primary School's Michael Johnstone hold a time capsule that was buried in 1971 by students of Wynyard Primary School. This time capsule was opened on Tuesday afternoon, with former students from the 1971 class visiting to rediscover their buried treasures. Items such as milk bottles, newspapers, birthday candles, cigarettes and stationery from 50 years past were carefully packed inside. The items will be



This photo was posted on the Wynyard Tasmanian Noticeboard, luckily our pot holes are not that bad!

displayed at the Wonders of Wynyard Exhibition and Visitor Information Centre from 4 October to mid-November, with free entry to view.

Adoption of East Wynyard Masterplan

The East Wynyard Foreshore Masterplan was adopted recently, which will provide Council with a clear vision for the future beautification and management of the area. The Masterplan seeks to preserve the foreshore's character, embrace its natural coastal beauty and will be a safe place where people of all ages and abilities can come together to relax, socialise and be healthy. The Masterplan sets out to address key issues in the reserve such as improving safe access to the reserve, improving car parking, adding more inclusive furniture, including more recreational activities and providing infrastructure that supports the use of the area for events.

As a first step in the development of the revised Masterplan, the community were invited to participate in a consultation process as a way to address the knowledge gap around community desires and expectations. The consultation period ran for a total of three weeks from mid-October 2020 and resulted in feedback from a total 98 respondents. The summary of this feedback was tabled at the February 2021 Council Meeting. The Council adopted the draft Masterplan in April 2021 for the purposes of undertaking a public consultation period. A four-week consultation process commenced on the 3 May 2021, 56 comments were received from the community. These comments were considered prior to finalising the plan.

In summary, the Masterplan proposes a total 28 actions to cover the nominated themes of Safe Access and Circulation; Events and Markets; Nature, Relaxation and Design; and Active Recreation. The actions within the plan address key community concerns around maintaining the "look and feel" of the reserve and attempts to address concerns raised regarding safe pedestrian use of the reserve and improved car parking. Additional plantings, murals and artworks are also proposed to beautify the area and provide shaded spaces as requested by the community during the initial consultation process.

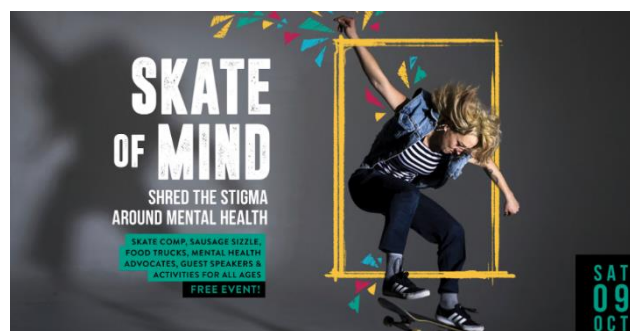


Feedback received on the plan was mixed. Some of the feedback was generally in favour of the plan with minor suggestions for improvement, such as the inclusion of more seating or the involvement of the community in selecting tree species, and requests for and against lighting provision. Great to see people getting involved!

Out in our Community

Skate of Mind

This Mental Health Week young people are advocating for changes in youth mental health in North West Tasmania, because they are concerned about mental health, and a lack of appropriate services. With services in the region stretched to crisis point, young people from Wynyard and Smithton are asking what we can do as a community to better support one another. To kick off mental health week, they're running an event to raise awareness,



build connections and activate conversations in their community and they're inviting you to be part of it. A partnership between Big hART, Project O and Waratah Wynyard Council, this whole-of-community event has activities for all ages including a Skate Competition, guest speakers, mental health experts, digital content and live music. It sees skateboarders, young people, community members, musicians & mental health experts come together to challenge the stigma around mental health and look at ways communities can take action. Listen to the smooth funk flavours of Jay Jarome and Sabine Bester, join a skate competition, enjoy food trucks, a sausage sizzle and live entertainment. Skate of Mind is proudly supported by and the Australian Government's RISE Fund.

Undercurrent Art Competition

Just a reminder for artists, entries and drop of art work for Undercurrent 2021 closes soon: All forms of visual arts will be considered for entry. Artwork Drop Off 45 Jackson Street Wynyard: Oct, Saturday 2nd, Sunday 3rd - 10-2 pm. Opening Night and Winners Announcement: Friday - Oct, 8th, 6pm. Pick up: Oct, Sunday, 24th, 10-2pm



DROP IN Session - Carers Day

Fun | Friends | Food

- Fun games of lawn bowls – have a go for yourself
- Join us, Care2Serve for fun, laughter and movement sessions
- Opportunity to connect with other carers while having fun



7 October 2021 | 11am - 3pm
Wynyard Bowls Club – 15 Park Street

RSVP 6144 3700 | jackie.r@care2serve.com.au



- **Music** – Tunes in the Garden with **Aaron Hopper and Curtis Poke**.
- **Mural Artist Damien Rossiter (GADGET)** – Demonstration.
- **Mosaic** Exhibition and Sale.
- **Huge Raffle** – Raised garden beds and lots of other prizes.
- **Tool Sharpening Stall** – Bring along your gardening tools for sharpening and fixing.
- **Edible Natives** – Sampling and plant sales.
- **Plant Stall** – Tomato seedlings, cottage garden plants, sunflowers, succulents, bonsai and more.
- **Worm Farm** – How to construct a worm farm with simple materials.
- **Spilt Milk and Beans** – Coffee van 9am-1pm.

Disabled toilet facility
 EFTPOS available at coffee van

Nothing can dim the light that shines from within
Maya Angelou



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