



Wynyard Community Newsletter December 2021



One of our Healthy Tas sessions at the Wynyard Bowls Club

Photo: Kelly Milikins

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Welcome!

The silly season is upon us! In the meantime, Wynyard has been the focus for quite a few awards lately, both individuals and group awards. Firstly Kaytlyn Johnson won the Tasmanian Young Australian of the Year for 2022 (one of her many achievements was playing a significant role with her music in Big hArt's Project O). Also Chris Symonds from the Wynyard Yacht Club won his third national para-sailor of the year award. And Latisha Smith, a horticulture trainee over the past three years with the Parks and Reserve department of the Council recently won Work and Training's Trainee of the Year Award.

As far as organisations go, at the 2021 Tasmanian Tourism Awards the Council won the gold medal in the Visitor Centre Awards Category for the Wonders of Wynyard. Also Wynyard won the 5,000 to 15,000 population category of the 2021 Sustainable Community Keep Australia Beautiful Awards. For the Award at Live Well we were very happy to receive a special commendation for our "innovative, inclusive and caring approach to community wellbeing".

With regard to upcoming awards, nominations are now open for the Citizen of the Year, the Young Citizen of the Year and the Community Event of the Year as part of the Australia Day awards.

The Spring Loaded Festival was again a great success this year, the statistics include: 53 events and activities were held, 5,000 tulip bulbs were planted around town, the Shop to Win had 725 entries, involving 47 different postcodes from Tasmania and 6 from interstate, the Bonfire had 200 participants, the Drop-In Skate School in Wynyard had 19 participants and at Sisters Beach had 28 participants, and the Drive-In Movies had a total of 129 participants. Very good numbers!

The Community Christmas Giving Tree appeal to help locals in need have a festive Christmas has started: please deliver unwrapped non-perishable and unwrapped gifts or cash donations to the Council building or the Wonders of Wynyard Exhibition and Visitor Information Centre before Friday 17 December. There have been some great efforts already to contribute to the appeal, such as the Waratah-Wynyard Youth Leader's car wash, which recently raised \$420.

At Live Well Tasmania we have started our new Healthy Tasmania funded project, and recently attended a Healthy Tasmania Networking event in Launceston to learn from other groups around Tasmania about their projects to increase physical health, healthy eating and mental health. It's a great step forward regarding the inclusion of mental health into Healthy Tasmania projects, and many of the projects focussed on social connections as a key aspect of mental health, which is what we at Live Well Tasmania also focus on. With research showing the pain of social isolation is very similar to physical pain, reducing social isolation goes a long way to improving health.

As part of our Healthy Tasmania project, we have a Forest Therapy walk delivered by Elspeth from Shinrin Yoku, there are still a small number of spots available for a very relaxing, calming, but also energising experience. Apparently trees release a natural chemical that is very beneficial for our health, which you get a good dose of during Forest Therapy!



Latisha Work and Training's Trainee of the Year Photo Courtesy Waratah-Wynyard Council Facebook



Waratah-Wynyard Council receiving a gold medal as part of the 2021 Tasmanian Tourism Awards Photo Courtesy Waratah-Wynyard Council Facebook



Oldina Forest Therapy Walk
 Fri, December 3, 2021
 10:00 AM - 12:00 PM

Book on Eventbrite or
 contact Kelly 0429186532 or
 kelly.23@live.com.au

Events

2nd December (and every Thursday for the boxes), 3pm to 5pm, Live Well Veggie Box and Tasmanian Produce Collective pick up. Contact Allana to order your fresh, organically grown veggie box on 0408 358 559 or email a_beamishparker@yahoo.com.au

2nd December, 10am to 2pm, Rural Alive & Well Community Drop In, Frederick Street Reserve Building, 1A Lowe Street, Wynyard. Drop in for some friendly support, no appointment needed.

3rd December, 10am to 11.30am (plus the 10th and 17th Dec), Basket Weaving with Adele, Live Well Tasmania Community Centre, 28 Saunders Street, Wynyard. Contact Michelle on 0487 011 619.

4th December, 10am to noon, Forest Therapy walk, Live Well Community Farm, Oldina, bookings essential via Eventbrite, or contact Kelly on 0429 186 532 or Kelly.23@live.com.au

4th & 5th December, Waratah Heritage Festival, Waratah, music, food, car displays and much more, see below for more details.

5th December, 10am to 2pm, Community Garden Open Day, Smithton Sustainable Living Hub, ANZAC Park Playrooms, 33A King Street, Smithton. No dig gardening workshop, free face painting, produce swap, stalls, kids activities, sausage sizzle and cake stall. Free event, but RSVP's are required via <https://events.humantix.com/commnity-garden-launch>

6th December (and every Monday and Friday), 10.30am to 12.30pm, ROC Wynyard Community Food Hub, Baptist Hall, 34 Hogg Street, Wynyard. Provides food relief and assistance with needs. Contact Jacky 0487 349 324.

6th December, 6pm to 7.30pm, (plus 13th and 20th December), Basket Weaving with Adele, Live Well Tasmania Community Centre, 28 Saunders Street, Wynyard. Contact Michelle on 0487 011 619.

7th December, 9am, Guided Coastal Bushwalk, Anniversary Bay, Sisters Beach, contact Lisa at lisadyke1@bigpond.com

7th December, 9.30am to 11.30am, Wynyard Community Christmas Party, Wynyard Child & Family Learning Centre, Gymnastics Building, Wynyard Showgrounds, 59a Jackson Street. Fun activities for kids, play, craft, stories, colouring in, singing, give away's. RSVP required to Fiona on 0457 141 562

7th December, 1pm to 3pm, Making non-toxic household products, Live Well Tasmania Community Centre, 28 Saunders Street, Wynyard. contact Kelly to book on 0429 186 532 or Kelly.23@live.com.au

10th December, 10am to noon, Self-Care and Mental Wellbeing workshop, Vinnies Hub, 43 Wragg Street, Somerset. Identify personal sign of stress and simple strategies to manage stress. Contact Natalie on 6491 1552 or amin@kentichrc.com.au. Cost: \$30 (limited sponsorships available). Book by 8th December on eventbrite.

14th December, 1pm to 3pm, Christmas Wreathe and Christmas Gift Box Making, Live Well Tasmania Community Centre, 28 Saunders Street, Wynyard. Workshop contact Kelly to book on 0429 186 532 or Kelly.23@live.com.au

15th December, 5.30pm, New Life Church Pizza Night, 38-44 Frederick Street, Wynyard. Enjoy free wood fired pizza's, live music, and Santa is coming plus a jumping castle for the kids.

17th December, 10am to 2pm, Rural Alive & Well Community Drop In, Frederick Street Reserve Building, 1A Lowe Street Wynyard. Support sessions, no appointment needed.



21st December, Groove to Music, Live Well Tasmania Community Centre, 28 Saunders Street, Wynyard. Very informal and easy to follow movement to music. Contact Kelly to book on 0429 186 532 or Kelly.23@live.com.au

2022

Every Wednesday, 9th March to 13th April, 9.30am to 2.30pm, Family Food Patch Free training at the Live Well Tasmania Community Centre, learn about delicious, family-friendly and fun ways get children active and eating healthy foods. Contact Emma on 0438 926 242 or email emma@familiestasmania.com.au

Update Live Well Tasmania

Thank you to Rotary!

Wynyard Rotary have kindly donated us the funds to install honeycomb blinds in our front window. These will not only provide thermal insulation in winter, they will also help to reduce the noise from the street. We are very grateful for this assistance, Rotary also donated money a couple of years ago to help us install a sprinkler system for our glasshouse, which we also appreciated very much.

Healthy Tasmania "Connecting The Community"

Our new 12 month project has gotten off to a flying start with some well received yoga, and self-defence sessions. As well as having sessions to help with mental health, we are having sessions for healthy eating and physical exercise. One way we are aiming to increase healthy eating is by offering more working shares for the Live Well Veggie Boxes. In return for helping with planting, weeding, and harvesting, or packing the veggie boxes, participants receive a free box of produce. Research shows that the more people are involved in growing fruit and vegetables, the better their diet. Likewise there is a high association with getting a regular box and increased consumption of fruit and vegetables. We also want to hold some sessions next year of preserving and other uses of locally grown food.



Self-defence for women, delivered expertly by Wessley Koop Photo: Kelly Milikins

Our first session for the project was very inspiring, it was led by Guy doing Taiko Drumming, a great example of combining the benefits of physical exercise, making music and synchronising with the group. Note there is a very active Taiko Drumming group that meets at the Wynyard High School every Sunday, check Facebook for details.

Other sessions during November included watercolour sessions with Skeat which were also very inspiring. Also Joyti delivered three sessions of 'Mindful Movement', which are based on yoga. They are great for calming the mind, and increasing physical flexibility. We hope to organise ongoing classes since they were so well received.

A great first year for Music Connections

The group has been gathering together at Live Well regularly, on the 4th Sunday of each month, sharing songs and tunes. We have now grown to 13 regular members, who write original songs as well as



We all felt very refreshed and relaxed after Joyti's Mindful Movement session Photo: Kelly Milikins

covering old favourites, traditional and classical music. If you pause for a moment on Saunders Street when the session is in full swing, you're likely to hear some heartfelt singing, harp, guitars, harmonica, ukulele, banjo, flute, piano, and dulcimer tunes. The initial idea of the 'round robin' was to create an acoustic session where people could share their love of music, and gain confidence performing in front of others. The group were invited to play at the Wynyard Indoor Market, which involved the additional challenge of playing through a P.A. and that was warmly received by the audience and stallholders alike.

All involved with Music Connections are so grateful to Live Well for providing such a warm and welcoming venue, that provides a space for grassroots community networking, so important in these worrisome times. If you'd like to find out more, get in touch with Chris via the contact page on her website - <https://chrisokunbor.ne>

Community Exchange Network Tasmania (CENTs)

We recently had a Trading Day at RESEED in Penguin which saw people benefitting from free goods, as well as trading goods such as clothes, books, produce and crockery. Tania then did a presentation on our new software called "Simbi". Nothing else will change about the CENTs project, it's just a different system to record the giving of goods and services to others, and of receiving them. In addition Simbi allows us to expand our community via virtual trading with people around the world, allowing much greater learning opportunities, such as learning to play musical instruments, learning a new language, personal development, or how to use computer programs or develop websites.

Update Waratah-Wynyard Council

Monthly Council meeting

At the November meeting, Council determined to:

- Following a motion raised by Codie Hutchison at the recent AGM, plan, promote, and host a public community meeting (prior to December 17th 2021) to develop an action plan for the Oldina Forest Reserve and Picnic Area with the full support of Sustainable Timber Tasmania;
- Following a motion raised by Leanne Raw at the recent AGM form a working group to review the Dog Management Policy for May 2022 approval and as part of the review of the Dog Management Policy, consider reinstating that dogs can be walked off leash between 7AM and 6PM on the East Wynyard/Seabrook Beach;
- Note the information provided regarding Gender Equity in response to the Local Government Professionals Australia Gender Balance Target toolkit;
- Note a successful Building Better Regions Fund application for the Table Cape Lookout and authorise Council's contribution toward the project;
- Present the Draft Wynyard Sports Precinct Master Plan for public consultation and feedback;
- Note a Flora and Fauna Assessment Report for O Ballad Avenue, Wynyard; and undertake an assessment into the site's suitability for other public recreational uses;
- Note the 2021 Spring Loaded Program Report; and
- Award a contract for Cleaning Services for Council Facilities to ABC Health Care Services Pty Ltd.

WARATAH
150 YEARS
THE WARATAH COMMUNITY
PRESENTS
**WARATAH
HERITAGE
FESTIVAL**
MINING OUR HISTORY
4-5 DECEMBER, 2021

On 4 December, 1871 James "Philosopher" Smith discovered tin at Waratah. This discovery triggered the creation of the Waratah township; a mining boom and invigoration of the island's social, political and economic development.

JOIN THE 150-YEAR CELEBRATION OF THIS DISCOVERY

WARATAH
WYNYARD

Waratah Heritage Festival

Waratah Heritage Festival is on the 4th & 5th December in Waratah, celebrating 150 years since James 'Philosopher' Smith discovered Tin and changed the course of Tasmania. To see the full program visit www.warwyn.tas.gov.au, the following are some of the events:

The 'Philosopher' Smiths Trail: Historical Display Athenaeum Hall. 18 Smith Street, Waratah. 9am–5pm, 1–12 December, 2021. \$5 entry fee

4th December:

Book signing by Charmaine Lowe. Cradle Coast Cycling Club presents Waratah Cycling Race 1: Waratah to Butlers Road & return. Race 2: Waratah to Whyte Hills & return. Meet at Waratah Recreation Ground, Sprent Street East, Waratah. 11am–3.30pm

The Waratah Street Party Live music by Mike Temby and the Coachmen. Food and drinks available. 20–24 Main Street, Waratah (outside Bischoff Hotel). 7pm–11pm

Burnie Brass Band 23 Smith Street, Waratah (outside the Waratah Museum). 1.50pm onward

Z3 & Z4 BMW Sports Car Club 20 Main Street, Waratah (outside Bischoff Hotel). 12pm–3pm

The 'Philosopher's' Beard Competition The person with the beard that best resembles 'Philosopher' Smith's beard and the crowd favourite win a prize. Judged by Peter Smith, descendant of James 'Philosopher Smith'. Athenaeum Hall. 18 Smith Street, Waratah. 4pm. 4 December, 2021. Register on the day.

4th and 5th December

Waratah Market Stalls, poetry readings, showbags, Devonshire tea and kids activities. Elma Fagan Hall. William Street, Waratah. 9am–2pm

Ye Olde Waratah Post Office: Open Day 8 Main Street, Waratah. 10am–3pm, 4th, 5th, 11th, 12th December, Waratah Museum, celebrations from the past. Treasures from the Kitchen Cookbook available for purchase. 23 Smith Street, Waratah. 10am–3pm. Entry by donation.

The Blacksmith Display by Harold Riley Vardy Close car park. 23 Smith Street, Waratah. 10am–4pm

5th December

The Waratah Warblers Pop-up singing performance

Veteran Car Club of Australia (TAS) Inc. Vardy Close car park, 23 Smith Street, Waratah. 10am

Historical Machinery Club 20 Smith Street, Waratah (next to the Stamper Mill). 11am–4pm

The Wynyard Big Band Next to the Bischoff Hotel. 12.30pm– 2pm. Indoor Bowling: The 150-year Tournament Elma Fagan Hall. William Street, Waratah. 2pm. All welcome to participate. \$3 entry fee. Lucky door prize.

Tarkinese Embassy: Open Day Tour the award-winning native garden and see the display of old mining equipment and memorabilia. 18 Mount Road, Waratah. 10am

Australia Day Awards – Nominations now open

Council celebrates the achievements of our community through the Australia Day awards ceremony each year. Nominations are now open for the Citizen of the Year, the Young Citizen of the Year and the Community Event of the Year. Applications close on Tuesday 14th December 2021, nomination forms are available from www.warwyn.tas.gov.au or Council office.

Other events

Walking Wynyard was held on the 21st November on a fine Sunday afternoon. 50 people completed the walk around the Inglis River Walking track. For some it was a personal challenge to complete the 10K walk, while others ran or walked their dog. All agreed



it was a great afternoon's activity which can be undertaken any day of the year. Thanks to Craig & John Richardson for their assistance- Richard Muir Wilson.

Recreation Officer Rebecca Billing from Waratah-Wynyard Council, attended the RSL Expo Wellbeing Expo, held at Gutteridge Gardens, on the 30th October 2021. Rebecca had a stall displaying fliers from many of her various clubs that people could be involved in, in the Wynyard and Somerset communities. There were lots of stalls on the day with many organisations talking to people about their services and how they can help out. Rebecca was able to talk to many passers-by and most were interested in Indoor Bias Bowls and the Line Dancers Clubs. Rebecca handed out around many fliers for the various clubs and was able to do some networking with different organisations at the expo.

Wynyard Sporting Precinct

Waratah-Wynyard Council adopted an Open Space, Sport and Recreation Plan (OSSR) in 2017 and as part of that strategy, a Wynyard Sporting Precinct was proposed. Development of the proposed precinct has progressed through the use of concepts and ideas generated by the OSSR report and from meetings with each of the clubs and key stakeholders within the sports precinct. Each club has had an opportunity to put forward their ideas and Council has included as much as possible into the draft concept plan, whilst remaining committed to the principles of OSSR.

The Precinct consists of three main areas:

- The football ground and bowls club,
- The indoor sporting complex, outdoor tennis courts, squash courts, community garden and band rooms; and
- Wynyard High School.

Wynyard is fast outgrowing its capacity to provide adequate space for the growing variety of sports on offer and some facilities require upgrades as they do not meet current standards, amenity and capacity needs. To combat this issue and allow for future expansion of community recreation and education, Council (WWC), in conjunction with relevant sporting clubs and Wynyard High School, have established a Wynyard Sports Precinct (WySP) concept plan.



Overview of the Wynyard Sporting Precinct Plan

WySP will be co-located at the current Wynyard Recreation Ground, Wynyard High School and the surrounding areas. Once complete, WySP will facilitate the sharing of the Wynyard Recreation Ground with the Wynyard Football Club and Wynyard & Districts Cricket Club. Additionally, the Master Plan offers improved facilities and amenities for Squash, Basketball, Netball, Tennis, Community Garden and Band Rooms.

Establishment of oval three is the first stage of the WySP project as this will allow a space for football to train to keep the foot traffic off the Wynyard Recreation Ground and provide an opportunity for a turf wicket to be established at the Wynyard Recreation Ground.

The WySP Master Plan also proposes closure of a small section of Austin Street to allow safe access between spaces within the precinct. The closed section of Austin Street will be planted out and a pathway installed, including a 'walk of fame' for local athletes who have been successful in their careers.

Go to <https://www.warwyn.tas.gov.au/projects/wynyard-sports-precinct/> to have your say.

Cam River Boat Playground

As part of the Cam River Master Plan, Council is planning for the removal of the Cam River Boat Playground as it doesn't meet current Australian Standards for playground safety. While the playground has been a great asset to the community, it is showing signs of age which will continue to worsen, eventually making it unsafe for use. We would, however, like for you to have your say on whether a new smaller playground should be installed in its place, or instead, a nautical themed art installation. It is anticipated that the removal of the existing playground and replacement with new equipment or art installation will occur during the 2022/23 financial year (subject to Council's annual budgeting process). You can vote on the Council Facebook page - when casting your vote please remember that there will soon be safe pedestrian access from the Cam River playground site to the new ANZAC Park all-abilities playground (which will soon be under construction). Voting closes at 5pm on Monday 6 December, 2021. So far there is 604 votes for a nautical playground and 15 for a nautical Art installation.



Wynyard wins Sustainable Community Award

At the recent 2021 Tasmanian Sustainable Communities - Keep Australia Beautiful Awards, Wynyard won the population between 5000 - 15000 category. A number of community groups were recognised for their contribution to making Wynyard a sustainable community.

These were:

- Live Well Tasmania – “ For your innovative , inclusive and caring approach to community wellbeing”
- Wynyard Gymnastics Club – “For your wonderful new purpose-built hall and the diverse range of gymnastic programs you offer as a not for profit volunteer organisation.”
- The Wynyard Agricultural & Pastoral Show Society - For the new Industrial Hall purpose-built shared use with the Wynyard Gymnastic Club.”
- U3A Wynyard – “ For providing excellence in learning opportunities and social connection for members of the community enjoying their 3rd Age.”
- Wynyard Community Garden – “An inclusive friendly beautiful and thriving hub of social interaction and abundant growth.”

Judges take into consideration how well a community demonstrates current or completed projects and embraces social, environmental, and economic sustainability. King Island was the overall winner having been recognised for its outstanding sustainability efforts in the 5000 and under population category. Originally conceived as a state wide beautification project designed to enhance the appearance of our built environment these awards now recognise communities embracing sustainability and community.

New Yolla Playground

Mayor Walsh visited Yolla District School to meet with some excited students to celebrate their new playground. The playground is a successful collaboration between Yolla District School and Council, and it looks fantastic! The playground is open for community use after school hours, during the school holidays and on weekends.



Hon. Roger Jaensch presents Deputy Mayor Mary Duniam and Mayor Robby Walsh with their award. Photo: Richard Muir-Wilson



Mayor Robby Walsh and children from Yolla enjoying the new playground Photo Waratah-Wynyard Council Facebook

Other community initiatives

The Community Christmas Collection

The Community Christmas Collection is on again! Donate gifts to help families and individuals in need throughout the Waratah-Wynyard area. Bring non-perishable and unwrapped donations to the Wonders of Wynyard or the Council building before Friday 17 December, 2021. Cash donations are accepted. Over 70 families benefited from the 2020 Community Christmas Collection. Neville from the Wynyard Lions Club met with Mayor Robby Walsh to donate Lions Christmas Cakes for this year's collection.

Christmas Light Competition

The Lion's Club of Wynyard is holding it's Christmas Light Competition for the Waratah-Wynyard Municipality. Entries close 5pm 17th December 2021 with winners announced 20th December 2021. Great cash prizes up for grabs. Entry forms from Waratah-Wynyard Council Office, Wonders of Wynyard and Coast FM. For more information visit www.warwyn.tas.gov.au

Rural Alive & Well

In need of a friendly chat? Rural Alive & Well are offering community support sessions at the Frederick Street Reserve Building in Wynyard. Drop by on the 17th December, 10am to 2pm.

Vinnies Community Hub

The Vinnies Community Hub in Somerset is establishing a community garden to help grow produce to assist with its popular meal services. Dining with Friends is a free, three course meal offered fortnightly at the Somerset hub, for those in the community who may be feeling lonely and want to make new friends. If you would like to attend Dining with Friends call 6435 2323 to book.



Wynyard Rotary

Wynyard Rotary enhance the lifestyles of families as well as retirees in the local area and raises money by running BBQ'S and raffles mainly to support local organizations to enhance their functions in the community. Currently their main fundraiser is the Tulip farm for two weekends in October involving running a BBQ, raffle and assisting with car parking. It has grown to such a big event that even now they are calling for volunteers to assist with this event in 2022. Anyone interested in helping should contact Leo Johns on 0499450111)

Their main current project is a community garden for people with dementia & other disabilities. A dog park is also on the agenda, as well as a Family Fun Day in February 2022 at the Rotary Park children's playground. New Rotary members are also welcome, contact Janet . jlambert6851@gmail.com



If you hear a voice within you say you cannot paint, then by all means paint and that voice will be silenced
Vincent Van Gogh



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