

## Wynyard Community Newsletter

### June 2022



Another great partnership with the Country Women's Association and the Devonport Seed Library, planting fruit tree's at Oldina  
Photo: Cassandra Powers, ABC Northern Tasmania

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Welcome!

There has been lots of action at our Community Farm at Oldina the last few weeks, with huge thanks to Wynyard High School students and teachers for helping us to plant 183 shelterbelt shrubs and tree's so far (the target is 400!). We also thank Landcare Tasmania, Cradle Coast NRM and the Tasmanian Farmers and Graziers Association for their support to buy the plants and pay for fencing and trees guards.

Also lots of thanks to the Country Women's Association, along with the Devonport Seed Library who gained a "Community Fruit Loops" grant and helped us plant 60 fruit tree's. They are also supplying us with Bush Tucker plants, to make a Tasmanian native food plant garden once we have finished preparing the space.

Led by the RESEED Centre, we are excited to have been involved in the successful application for a grant from the Foundation for Rural & Regional Regeneration for a project with OzGREEN called YOUth LEADIng Tasmania. This is a highly participatory award winning program providing young people with skills to tackle sustainability challenges and empowering them to take solution focused action. To date, OzGREEN has trained over 1,000 facilitators reaching 100 regions and 25,000 youth.

We are also very happy this month to welcome Alison who is joining us to assist with our Healthy Tasmania project. Alison has great skills she brings from her previous roles working in the property sector, human resources, and as a youth worker. She has a huge passion for working with community, helping people be their best, as well as improving environmental management, so she is a great fit for Live Well. One of Alison's tasks will be to run our Maker & Repair Café, which includes CENTs trading and a Drop In service, and which will now weekly, every Wednesday afternoon.

We proudly announce the launch of our Community Noticeboard as a service to the community. The noticeboard is located opposite our front door in the carport area. We welcome anyone posting flyers etc for anything that is of interest to the community, the main exceptions are any for-profit notices.

We report this month of a very inspirational story involving a great partnership. Rees Campbell and Col Meyers formed a group named Friends of Remnant Heathlands of Wynyard to save a special patch of bio-diverse heathland plants in Wynyard, including several orchids, a rare boronia, some lowland sphagnum moss, and many, many more.

It was great to see the Council discussed mountain biking at their last meeting, although it is not actively being pursued further at this stage. It was however noted that a feasibility concept for a mountain bike trail in the Oldina Gravity Area (Tram Road/Dead Horse Link) could be investigated if community support was demonstrated. It is unclear at the moment of how that community support would be demonstrated, but if anyone has any interest in pursuing this, let us know! It was also good to see that in principle support was provided for a feasibility study for a shared pathway from Wynyard to Stanley. It is good to keep in mind that these initiatives have two main groups of users, locals and tourists. While there is obviously a lot of interest in creating tourist related jobs, it is also a great outcome to create recreational opportunities for locals, particularly youth.



Enthusiastic Wynyard High School students helping us plant native shelterbelt species  
Photo: Kelly Milikins



Our newest recruit,  
Alison Quigley



Lots of willing helpers for the heathland project.  
Photo: Robin Krabbe

## Events

1<sup>st</sup> June, (and 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> and 29<sup>th</sup> June), 1.30pm to 4pm, Makers & Repair Café, CENTs trading and Drop In, Live Well Tasmania Community Centre, 28 Saunders Street, Wynyard. Bring your sewing repairs, your woodworking projects and goods and services to trade. Contact Alison on 0400 753 316

1<sup>st</sup> June (and 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> and 29<sup>th</sup>), 12.30pm to 2.30pm, Basket Weaving, Somerset Vinnies Community Hub, \$5, contact Michelle, 048 7011 619, check Farm It Forward Facebook

1<sup>st</sup> June, (and 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup>), 6pm to 8pm, Basket Weaving with Adele, Live Well Tasmania Community Centre, 28 Saunders Street, Wynyard. Contact Michelle on 0487 011 619. Cost \$5

3<sup>rd</sup> June, (and 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>), 10am to noon, Basket Weaving with Adele, Live Well Tasmania Community Centre, 28 Saunders Street, Wynyard. Contact Michelle on 0487 011 619. Cost \$5

4<sup>th</sup> June, 10am to 1pm, Nature & Wonder, Making Fairy Houses with air dried clay, \$15, Somerset, Somerset Vinnies Community Hub, contact Michelle 048 7011 619, check Farm It Forward Facebook

6<sup>th</sup> June (and 20<sup>th</sup>), 9.30am to 1.30pm, Care2grow/cook, 0 to 5 years, free, Wynyard Showgrounds, contact Michelle, 048 7011 619, check Farm It Forward Facebook

6<sup>th</sup> June (and 20<sup>th</sup>), 10am to noon, Knitting Squares for Charity, Somerset Vinnies Community Hub, contact Michelle 048 7011 619, check Farm It Forward Facebook

7<sup>th</sup> June, 10.30am to 12pm, Mandala Drawing & gratitude journaling, 12.30 to 1.15pm Body Groove, 1:30 - 2:15pm Herbal teas & games/social chat, Live Well Tasmania Community Centre, 28 Saunders Street, Wynyard. Contact Candice to book on 0403 191 449 or email

[lwprojectcoordinator@gmail.com](mailto:lwprojectcoordinator@gmail.com)

7<sup>th</sup> June, 9.30am to 12.30pm, Avocado Seed Carving, Somerset Vinnies Community Hub, contact Michelle, 048 7011 619, check Farm It Forward Facebook

9<sup>th</sup> June (plus 23<sup>rd</sup> June), 3pm to 5pm, Pick up for Tasmanian Produce Collective, 28 Saunders Street, Wynyard. See <https://tasmanian-produce-collective.mailchimpsites.com/shop>

11<sup>th</sup> June, 10am - 12pm Dying Fabric and Paper with Tea and Coffee \$10, Live Well Tasmania Community Centre, 28 Saunders Street, Wynyard. Contact Michelle 0487 011 619

11<sup>th</sup> June, 10am, Cathedral Rocks Guided Walk. Meet at Sisters Beach Boat Ramp.

14<sup>th</sup> June, 10.30am to 12pm, Making Protea seed pendant workshop, 12.30 to 1.15pm Body Groove, 1:30 - 2:15pm Herbal teas & games/social chat, Live Well Tasmania Community Centre, 28 Saunders Street, Wynyard. Contact Candice to book on 0403 191 449 or email

[lwprojectcoordinator@gmail.com](mailto:lwprojectcoordinator@gmail.com)

14<sup>th</sup> June, Meditation and Mindfulness for Beginners, Somerset Vinnies Community Hub, contact Michelle, 048 7011 619, check Farm It Forward Facebook

18<sup>th</sup> June, 10:30am - 12pm Flower Crown Making with Florist Emma \$20, Live Well Tasmania Community Centre, 28 Saunders Street, Wynyard. Contact Michelle 0487 011 619

21<sup>st</sup> June, 10.30pm to 12.30pm, Making kombucha & sourdough starter, 1 to 1.45pm Body Groove, 2 to 2:45pm Herbal teas & games/social chat, Live Well Tasmania Community Centre, 28 Saunders Street, Wynyard. Contact Candice to book on 0403 191 449 or email

[lwprojectcoordinator@gmail.com](mailto:lwprojectcoordinator@gmail.com)

21<sup>st</sup> June, 10am, Anniversary Bay Guided Walk with Cowrie Shell Hunt. Meet Sisters Beach Boat Ramp.

21<sup>st</sup> June, 1pm to 2pm, Nature Wonder: Making Nature Playdough, up to 5 years, Somerset Vinnies Community Hub, contact Michelle, 048 7011 619, check Farm It Forward Facebook



28<sup>th</sup> June, 1pm to 3pm, Vegetable Fermentation Workshop, Somerset Vinnies Community Hub, contact Michelle, 048 7011 619, check Farm It Forward Facebook

26<sup>th</sup> June, pm-5pm Music Connections, Live Well Tasmania Community Centre, 28 Saunders Street, Wynyard, contact Chris 0420 229 451

28<sup>th</sup> June, 11am to 12pm, Seed saving and growing unique vegetables, 12.30 to 1.15pm Body Groove, 1:45 - 2:15pm Herbal teas & book club/social chat, Live Well Tasmania Community Centre, 28 Saunders Street, Wynyard. Contact Candice to book on 0403 191 449 or email [lwtprojectcoordinator@gmail.com](mailto:lwtprojectcoordinator@gmail.com)

### Other events

2<sup>nd</sup> June, 10am to 5pm, Burnie Library "The Library Bean", celebrating the launch of the Library Bean kiosk with a Gala Day of activities for all ages, including science, engineering and technology activities, create crafty masterpieces, win a door prize and collect a goodie bag, and connect with some of Burnie's service providers. 30 Alexander Street, Burnie.

12<sup>th</sup> June, 10 to 11am, Produce Swap, Smithton Sustainable Living Hub

2<sup>th</sup> June, 10 to 11am, Produce Swap, Smithton Sustainable Living Hub, contact [smithtoncommunitygarden21@gmail.com](mailto:smithtoncommunitygarden21@gmail.com)

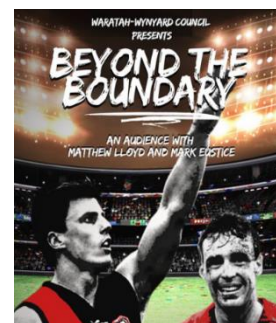
19<sup>th</sup> June, CENTs Trading, RESEED Centre, 30 King Edward Street, Penguin. Bring your wares to trade and a plate/dish of food to share for community lunch. Register here: <https://simbi.com/groups/CENTs/welcome/lkzlzz> \*TRADER BONUS\* new registrations will earn you a referral bonus

20<sup>th</sup> June, Crochet Lessons, Smithton Sustainable Living Hub

26<sup>th</sup> June, 10 to 11am, Produce Swap, Smithton Sustainable Living Hub

27<sup>th</sup> June, Crochet Lessons, Smithton Sustainable Living Hub

7<sup>th</sup> July, 7pm, "Beyond the Boundary" An audience with Mathew Loyd and Mark Eustice, Wynyard RSL, free event, book via email, [rbilling@warwyn.tas.gov.au](mailto:rbilling@warwyn.tas.gov.au)



9<sup>th</sup> July, 10am to 4pm, 10<sup>th</sup> July, 10am to 4pm and 24<sup>th</sup> July, 10am to 4pm (Community Forum & presentations 2pm - 4pm), YOUth LEADing Tasmania

### Update Live Well Tasmania

As well as our weekly Maker & Repair Café which includes CENTs trading, we have another Community Exchange Network Tasmania (CENTs) Trade Day on the 19<sup>th</sup> of June, 12.30pm to 2.30pm, at the ReSeed Centre. We now use Simbi as our trading platform, we can help you set up your Simbi account for trading or you can do it yourself before you arrive. Bring your mobile phone to pay for your goods/services in "real time". Register here: <https://simbi.com/groups/CENTs/welcome/lkzlzz> \*Trader Bonus\* new registrations will earn you a referral bonus.

We have a great selection of sessions on Tuesdays, whether you like arts and crafts, exercise/movement or food/cooking ideas. Everyone welcome, see our June calendar on Facebook or our website ([www.lwt.org.au](http://www.lwt.org.au)) for all these events and more.

### YOUth LEADing Tasmania

This is a partnership between the RESEED Centre in Penguin, Live Well Tasmania and OzGreen (based in New South Wales). We very much align with the OzGreens beliefs that informed and connected people can solve the world's biggest problems, and their goal of engaging and equipping people to become leaders of positive change.

To achieve maximum national and international reach, OzGREEN trains local people to run a program called Youth Leading the World (YLTW) in their own region. YLTW facilitator training is highly participatory, providing local people with the skills and confidence to run YLTW in their own region. To date, OzGREEN has trained over 1000 facilitators, sharing skills and experience gained over 30 years of delivering recognised excellence in transformative sustainability leadership.

Key focal areas in the training include:

- An overview of global sustainability challenges
- How to measure an ecological footprint
- Participatory leadership skills
- Strategic questioning and deep listening skills
- Visioning skills
- Action planning and project management skills
- Event management skills



For YOUTH LEADING Tasmania, members will take part in a two day course, led by trained facilitators, at the Penguin District School. ReSeed Centre and Live Well Tas will provide support, resources and lunch for the participants at each session. The program is for all those attending. Participants in the program will meet each day at the Penguin District School on Saturday 9 July: 10 - 4pm, Sunday 10 July: 10am-4pm and Sunday 24 July: 10am-4pm (Community Forum & presentations 2pm - 4pm). Nearly all of the facilitator training spots on the 11th and 12th of June have been taken, but if there is anyone who is keen on doing it, particularly if you are male and/or young, please contact Nettie via email [nettiehulme@gmail.com](mailto:nettiehulme@gmail.com)

Register at: <https://forms.gle/kPxCBo8xiEtT54nM8>

#### *Partnership with Country Women's Association & Devonport Seed Library*

The following story is from Cassandra Power from the ABC, who attended our "Community Fruit Loops" event at Oldina to write the story. A group of passionate Tasmanians have a bold plan for their humble community garden plot and it all starts with 60 fruit trees. The Community Fruit Loops project is a multi-faceted joint venture being undertaken by the Country Women's Association, Live Well Tasmania and the Devonport Seed Library. The groups hope to address regional food security and, while they're at it, encourage social connections. The trees will take three to five years to grow, after that, their yield will be distributed to local food banks. What's unique about this project is that it doesn't stop there. Any spare produce will go back to the CWA to make jams, chutneys and sauces that will also go to food banks. Project leader Tanya Brooks, the president of the online branch of CWA Tasmania, says she is excited to work with so many volunteer-run organisations on such an exciting project.

She said Fruit Loops was a response to the Tasmanian government's 2021-24 food strategy, which stated that 26 per cent of Tasmanians were food insecure and that the state was too reliant on emergency food banks. "That's quite a startling figure," Ms Brooks said. "To think that a quarter of our population does not have access to fresh, healthy, nutritious food is a real worry. "When you look at where things are at economically, at the moment people are really struggling to put food on the table — particularly fresh food. "The cost of living is rising and, from the CWA perspective, if we can make a small contribution to our community to help them access fresh food, then that's a wonderful project to be involved with."

One of the Fruit Loops tree planters is Danuta Baran-Taitis, who runs the Devonport Seed Library from her house. She collects, cleans and packages seeds, then places them in drawers on her front porch for the public to come and take for free. From a small number of seeds, she has now grown the library to include more than 400 varieties. All interested members will be given a fruit tree to plant in their own backyard. When it is grown, they can use whatever produce they need and return

the spare to the Library to provide another access point for people who need fresh food. "That's why it's called Fruit Loops," Danuta says. "Because it just keeps going around in a loop."

While the fruit trees grow, work will begin on a Tasmanian native garden at the farm. Ms Brooks says this is to help educate locals on traditional foods and bush tucker. "It's really exciting and such a worthwhile project to be involved with," she said.

"Certainly, our members are very passionate about making a practical difference in our community. "To be able to come out onto a community-owned farm and spend an afternoon with people, toiling away together, really there's nothing better."

We look forward to adding to the fruit orchard in the future – any donations and volunteer help gratefully received!



Alison, Leo and Candice take a break from planting Photo: Cassandra Powers

### *National Volunteers Week*

Recently it was National Volunteers Week, which celebrates the all important role of volunteering in bringing people together, building community and creating a better society for everyone. According to recent research, over 80% of volunteers say they volunteer "because they want to make a positive impact in the community." We wish to give a huge thank you to all our amazing volunteers.

### *Wynyard High School Students shelterbelt planting*

We were extremely grateful for the help of very enthusiastic Wynyard High School students who so far have come to Oldina twice to help with planting our shelterbelt. We have received funding from Tasmanian Landcare, Cradle Coast Authority Natural Resource Management and the Tasmanian Farmers, Graziers Association for 400 native shrubs, tree guards, stakes and for fencing.

## Update Waratah-Wynyard Council

### *Work Inspirations*

The Council and The Smith Family hosted a day at the Council Chambers and the Depot as part of The Smith Families Work Inspirations Program.

Wynyard High School year 9 students and teachers visited the Council to learn about what happens at the Council Offices and the Depot. The Mayor, the General Manager and several Council Officers talked with the students about what they do in their position and how they came to be working at the Council. They also heard from a number of the Council Trainee's who were students from Wynyard High School. Another group from the High School will be visiting Council Offices and the Depot in June.



Students considering their options during Work Inspirations Photo: Kelly Milikins

### *Environmental Sustainability*

Council has a commitment to sustainability. The impact we have on our people and environment is important to us. Help us make a difference by switching to digital dog registration notices today. Council shares Kermit's views on making the planet a better place – visit It's not easy being green' (<https://www.warwyn.tas.gov.au/its-not-easy-being-green../>) and switch to digital rates and dog registration renewals today! For every person who switches to digital dog registration notices between now and 30 June we will plant one tree in our municipal area.

Also, help the waste crusade by recycling your single-use masks at the Chambers, or for little squires, at Warawyn Early Learning Centre. Banish your masks to the land of TerraCycle, where their new fate will be decided; <https://videopress.com/v/jc5w8oNI>

### *Decisions from the May Council meeting*

- Provide in principle support for a feasibility study for a shared pathway from Wynyard to Stanley;
- Not proceed with Mountain Bike (MTB) trail development at this time, with the exception of a feasibility concept for the Oldina Gravity Area if community support is demonstrated;
- Endorse the development of a Local Heritage Register and invite the Historical Society to collaborate;
- Undertake consultation on the Dog Management Policy;
- Note a Condition Assessment, Dambreak Consequence Assessment and Dam Safety Emergency Plan relating to the Waratah Weir. Council also noted planned works on the Waratah Weir to be undertaken by TasWater;
- Note the findings of a Soil and Site Investigation report in relation to the Yolla Recreation Ground and agree to review existing turf maintenance in line with the agronomist's recommendations;
- Endorse the allocation of Energy Saver Grants Program funding to Business North West for the Table Cape Light Show Experience;
- Note Council's submission to the Future of Local Government Review;
- Adopt the revised Footpath Infrastructure Service Level Document 2022;
- Award a contract to BridgePro Engineering Pty Ltd for replacement of the Bassetts Road, Calder River bridge;
- Award a contract to TasSpan Civil Contracting to construct a pontoon at the Yacht Club;
- Award a contract to Roadways Pty Ltd to undertake Table Cape carpark expansions at the lookout;

### *Wonders of Wynyard Exhibition Centre*

WWW has had a facelift! A little paint to freshen the building up and a few new signs - Come on in and check us out - home to 17 veteran cars, art & exhibition gallery, gift shop and information area. Our winter hours are 10am to 3pm Monday to Saturday - Closed Sundays

### *The Watershed, Big hArt*

Launching soon, in partnership with Wynyard Yacht Club and Waratah-Wynyard Council. Big hART will be presenting a vibrant program of activities and events at a new venue, The Watershed. The Watershed will curate a program which brings together the community, offering a range of inclusive activities led by local young people. If you have an idea for the space that will benefit the community, we'd love to hear from you! Expressions of interest are now open. Visit our new website for details. <http://ow.ly/YFMK50IWGwy>



## Persistent Pain Self Management Program

The Persistent Pain Self Management Program starts online via Zoom on Thursday 2 June. It's suitable for people with long term pain. The group of 8 -12 people will work together to:

- manage pain & fatigue, get better sleep & eat well to improve health
- communicate effectively with their health team
- pace themselves and set reachable goals.

The Program runs for six weeks, 2.5 hours each week. Participants from the NW of Tasmania are invited to join the program online via Zoom, access to a computer or laptop with camera and microphone with a good internet connection is needed. We may be able to help people with accessing this technology, through their local library, neighbourhood house, or health service. The program starts on Thursday 2 June (10:00am – 12:30pm), each Thursday until 7 July. There will be a 'check the technology' session on Thursday 28 June for anyone who would like to practice with Zoom. Contact Michelle - phone: 6477 7347 or email [michelle.towle@ths.tas.gov.au](mailto:michelle.towle@ths.tas.gov.au)

## Sweet Potato Festival at the Wynyard Community Garden

Recently on a glorious sunny day, a group of intrepid gardeners harvested a sweet potato crop which had been growing in a raised bed since November 2021. As you can see from the jar—on the left of the potato below, the suspended sweet potatoes are grown and kept in warm conditions (at least 20 degrees) for a period of 4 months before being planted out. Google says ... Quote ... “We don't recommend growing sweet potatoes in Tasmania ... Sweet potatoes are not a good choice for Tasmanian gardens because the weather is too cool and the summer too short for them to thrive and produce tubers”. Not so, Google, verified by WCG members.



This beauty grew to a massive 8lbs (3.6kgs) Photo: Courtesy Pam Rodwell

## A story of environmental perseverance and reward.

The following inspirational story is from Rees Campbell.

In late 2019, local nurseryman Jim McLeod took a group of U3A members for a botanical walk – looking at the remaining wildflowers in the district. One of these patches was a tiny (20m x 20m) area in a vacant block near the airport. This little patch contained over 60 heathland plants, including several orchids, a rare boronia, some lowland sphagnum moss, and many, many more. It was such a special patch of bio-diversity, Rees Campbell and Col Meyers formed a group named Friends of Remnant Heathlands of Wynyard and began lobbying the Waratah Wynyard council. Fast forward two years of liaising with the Waratah Wynyard council and the landowner... weeding the Spanish heath, gorse, blackberries etc out of the patch, preparing a host area ... and the plan was coming to fruition.

In May 2022, the project of translocating the entire heathland was carried out. A front-end loader cut a huge swathe of heathland “turf” which was the flora plus 30cm of soil, drove to the host site then very carefully placed that on the prepared soil in the host area, pushed into place by another machine and people then filled the gaps in the plant jigsaw. This manoeuvre was repeated multiple times. The host area was chosen as it is in public land, and has similar composition. Three days of huge effort by a team of volunteers, and many council workers... and the heathland has a new home. To be named praympy reserve (praympy is palawa kani for the little common heath) it will be launched and open to the public in spring and be a lasting documentation of the original environment here.

It is a really good news story of environmental importance, as some of these little plants are the last remaining specimens in the entire Wynyard area. It will be a showcase of “what was” and perhaps



an incentive to appreciate the many beautiful native heathland plants we have if left to grow naturally.



Left to right *Boronia pilosa*, *hibertia procumbens*, and *praympi – epacris impressa*

### Wynyard and Burnie Library

The theme of Men's Health Week (13<sup>th</sup> to 19<sup>th</sup> June) 2022 is "Building Healthy Environments for Men and Boys" – focussing on creating physically, mentally and emotionally healthy environments in the home, workplace and in social settings. During the week, Wynyard Library will be highlighting the resources in their collection and services around the Waratah-Wynyard area that are available to men, their families and supports. Also the library has four volunteers available weekly to provide IT and digital support. Contact 6477 7415 to book. In addition Story Time for ages 0 to 5 is on every Thursday 11am to 11.30am. And don't forget Library GALA Day, 2nd June at Burnie Library, celebrating the launch of the Library Bean kiosk with a Gala Day of activities for all ages including fun with Robots, building materials and other cool stuff. Session 1 at 1pm is for Children (3+ - 7). Session 2 at 2pm is for Adults (16+). Just turn up on the day, but places are limited so be on time or early.

### Donations for Synovum Care and Yarrandoo

With the limited social interactions and communications that the residents of *Synovum Care and Yarrandoo* are currently experiencing, now more than ever your help is needed to ensure stimulation and enjoyment of everyday life is upheld. Look around your homes, and donate where possible any unused games, puzzles, crafts etc, or even just send a letter, some art work, or any type of communication to keep the spirits high, while they are separated from family and friends. If you are unable to personally drop off any items, please contact Jacky Harman n 0487 349 324 to arrange pickup.



**If ants are such busy workers, how come they find time to go to all the picnics?**  
**Marie Dressler**



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 info@lwt.org.au

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